

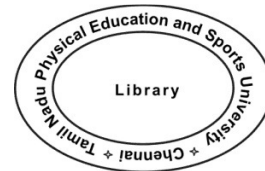
**EFFECT OF DIFFERENT PACKAGES OF PSYCHO-SOMATIC
REGULATIVE PROGRAMMES ON SELECTED
PSYCHOLOGICAL AND PHYSIOLOGICAL
VARIABLES AMONG ENGINEERING
COLLEGE WOMEN**

**Dissertation Submitted to the Tamil Nadu Physical Education and Sports
University, Chennai for the fulfillment Requirement
for the Award of Degree of**

**DOCTOR OF PHILOSOPHY
IN
PHYSICAL EDUCATION**

**Submitted by
E. KUILY**

**Guided by
Dr. C. ARUMUGAM**



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